







Driving with Confidence

Are you, or do you know a mature driver aged 70+ looking to maintain your independence and confidence on the road?

The free **“Driving with Confidence”** course can help you by offering:



-  More confidence while driving.
-  Tips and techniques for safe driving.
-  Skills for negotiating roundabouts and junctions.
-  Greater understanding of new road signs and markings.
-  Skills with driving on motorways and dual carriageways*
-  Night driving* *(if applicable).

How it works:

- To qualify, you must be a resident of Essex.
- An experienced driving coach will contact you to arrange an appointment to start from your home and discuss any areas of concern that you would like to focus on.
- You will use your vehicle for the drive which lasts about 45 minutes.
- The coach will check your driving licence, insurance, tax, MOT (if applicable) and vision (read a number plate from 20 metres).
- All at no charge to the driver, a limited number of fully funded sessions are provided by The Safer Essex Roads Partnership.

Who benefits:

- Those who haven't driven recently or often.
- Drivers who avoid driving to certain places and at specific times.
- Those seeking reassurance or advice on specific manoeuvres.
- Reassurance to not only the driver but friends and family too.
- Drivers who may not have driven for a while and want to maintain their confidence whilst driving.

To book a session or speak to one of the team for more information, please email: driverintervention@essex.gov.uk.

Or telephone: 03330 137590 for the office between 8am and 4pm Monday to Friday, or one of the team on 07980 745950 out of hours (answer service provided).

Find out more about **Driving with Confidence** or other advice please visit:

www.saferessexroads.org/road-users/mature-drivers/

